

(416) 488-1790 info@thespicelady.ca www.thespicelady.ca

Garlicky Dandelion Greens Mediterranean Style

6 or more servings

4 cups dandelion greens per tinfoil packet

1 large onion or more, sliced

8 to 10 cloves of garlic, sliced

2 large mushrooms, quartered or large slices, per packet

1/3 cup sweet bell pepper, small dice

2 sprigs rosemary leaves, chopped fine

Freshly ground pink Himalayan sea salt

Freshly ground black peppercorns

2 to 3 tablespoons extra virgin olive oil, per packet

- 1. Preheat oven to 420 degrees F.
- 2. Wash dandelion greens removing any grit
- 3. Cut off brown part of root, then cut dandelion greens into less than 3 inch pieces
- 4. Tear 2 feet by 2 feet pieces of tinfoil, approximate
- 5. Layer dandelion greens, onion slices, garlic slices, mushrooms, bell pepper, and sprinkle with rosemary.
- 6. Season with freshly ground Himalayan sea salt and freshly ground pepper.
- 7. Drizzle with extra virgin olive oil.
- 8. Arrange greens lengthwise and roll up the packets, twist the ends up.
- 9. Roast for 30 minutes.